

Class Descriptions	
Mommy & Me Classes: 45 min. (Adult Participation Required)	
Sprouts	6-15 Months
Baby Breaths	1-2 Years w/ Adult Participation
Rose Buds	2-3 Years w/ Adult Participation
Preschool & Beginner Gymnastics Classes: 45 min. (Instructor-led Classes)	
Sweet Peas	3-6 Years Class Participation under the guidance of an instructor. * Must be potty trained-no pull-ups
Pre-tumble	5-6 Years Beginner gymnastics for the child who has mastered the 'Sweet Peas' Program.
Boys & Girls Classes: 1 hour	
Boys	Classes will be split into age appropriate groups for 1hr of gymnastics instruction.
Girls	Classes will be split into age appropriate groups for 1hr of gymnastics instruction.
Girls Intermediate: 1½ hours	
Pre-requisites: Handstand, Cartwheel, Round-off, Bridge kick-over, Back walkover, etc...*Intermediate classes are instructor recommended or approved.	
Parkour	
Learn the art of Parkour!! Move through obstacles in the quickest and most efficient way! Ninja/Parkour classes will use the ninja equipment such as the warped walls, salmon ladder, and cargo net, just to name a few.	

Proper Attire: What to Wear
<p>*Clothing should be form fitting* Girls can wear leotards, bike shorts, tank tops, etc... Boys should wear gym shorts and a tank top or t-shirt.</p> <p>*Please nothing with zippers/buttons* Please avoid wearing anything that could damage the equipment or potentially cause harm to your child.</p> <p>*No Jewelry* Please remove all earrings, necklaces, bracelets, anklets, rings, etc...</p> <p>*Long hair must be secured back*</p>
Equipment
<p>All classes offer instruction on the four Olympic Events: Vault, Bars, Balance Beam, and Floor exercise. Tumblers can get an extra boost from our Spring Floors and Trampolines! We have a wide variety of training equipment to help our students master skills they already have and to safely train and learn new skills.</p>
Birthday Parties!
<p>Tumbleweeds also offers fun-filled Birthday Parties!!</p> <p>Package Includes: >1 hour in gym >Professional Instructors >1/2 hour in the party room for you and your guests to exchange gifts or enjoy any goodies that you choose to bring.</p> <p>See the front desk or visit our website for more information!</p>

Visit our website: www.TumbleweedsGym.net
www.facebook.com/TumbleweedsGymMelbourne
3185 Parkway Drive Melbourne, FL32934
Phone: (321)253-5570